

## President’s Message

Dear Zontians:

At our January meeting, the club reviewed the budget and expected resources. Thanks to all those members who contributed to the discussion. Our treasurer is tracking our resources.

Bobbie Cardillo, the District 3 Advocacy chair, has sent information regarding Zonta’s position on advocacy. She noted that “For more than 100 years, women worldwide have been marching, demonstrating, writing petitions and making proposals for law changes that shall improve women’s lives, secure equal rights and a life free of violence.” Such advocacy “SHALL BE non-partisan and non-sectarian.” The entire statement is printed elsewhere in the Zonta Voice; please take a look at it.

Some Zontians participated in the Women’s March. Our own Mary Lou Fine and her husband and Heidi Ramsay participated. The Zonta Club of Fairfax is photographed promoting Zonta’s slogan, “SAY NO TO VIOLENCE.”

In February our guest speaker will be Nancy White, Executive Director of the Arlington Free Clinic. Our Zonta Club has supported the Clinic, which provides free medical care to low-income, uninsured Arlington County adults through the generosity of donors and volunteers.

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**President’s Message cont’d**

“A MORNING FOR ME”, chaired by Virginia Nickich, will be hosted at Marymount University on Saturday, March 18<sup>th</sup>. We encourage you to share this special morning with your friends. The link can be sent to your friends and colleagues for their registration for the morning workshop and to extend their awareness to the many positive advocacy connections Zonta makes for women. Please contact Virginia for further details of how you can contribute to this event.

Mark your calendars for the Zonta District 3 2017 Area Workshop to be held on Saturday, April 22<sup>nd</sup> in Edgewater, Maryland. More details to follow. In June the Inter-American meeting will be held at Tyson’s Corner.

Our Nominating Committee will be searching for dedicated members to volunteer for key positions in our club. Our membership is declining and we are relying on the strength of our current membership to carry out the goals of our Arlington Zonta chapter.

March is Women’s History month, during which we acknowledge the contributions of women.

Marty & Laura, Co-Presidents



**AFAC Fund Raiser**

The Arlington Food Assistance Center’s Empty Bowls fundraiser. Participants pick a bowl and select from a variety of soups made/donated by area restaurants. AFAC distributes food at 18 sites throughout Arlington County. Janie, Barb, Marty & Steve Ditmeyer participated. The Zonta Club traditionally donates, funds, food and takes on special projects (like developing Emergency Food Supply kits) for AFAC.

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**REMINDER**

*Please send your articles of interest for the newsletter by the 5th of each month to virginiaroseyoga@aol.com. Business, Club or personal news is welcomed, however it is up to the editor and the Board to deem the material appropriate for inclusion. It is the intention of this newsletter’s editor to send the monthly newsletter to all between the 15<sup>th</sup> and the 18th day of each month*



## UPDATE:

### WOMEN'S SEMINAR

Sister Zontians,

I started working with the committee for this Women's Seminar, "A Morning For Me" with great enthusiasm and hope for a better and new way of creating a fundraising event. In the past, members had to donate food, serving items, baskets and pay for a ticket for the wine seminar amounting to a few hundred dollars for some folks as well as working up to 8-9 hours.

This year a committee brainstormed and presented this new fundraising event which was voted on and decided that we would move forward. It is always a challenge when starting something new but we must continually try new ideas.

I created the Eventbrite program for ease of sign up and payment, which will create a sign-in sheet and even make name badges.

I reached out to Marymount and built a business case to request a meeting room without fee. Dr. Shank, President of Marymount has graciously offered us a room to use free of cost. Blanche and I met with the Marymount members of conference rooms, IT and the catering department to establish our needs.

Our speakers have been working hard on their presentations and have

enthusiastically offered their services for free.

**I hope that when you send emails to your friends who are used to attending the wine seminar that you have a clear message that this women's seminar replaces the wine seminar, otherwise people may think we are having two fundraising events and are waiting for an April Wine Seminar.**

NOW, we must sell tickets. We, Zontian members, must also purchase tickets... I hope you will do so via Eventbrite.

Please advertise anyplace that has a public bulletin board, libraries, coffee shops or your hair salon.

**To date, we have six tickets sold. If we do not have a minimum of 25 tickets, we may have to cancel this event.**

If you have any ideas, please send them to me and all.

Thank You all for your efforts to sell and advertise this event that promises to be interesting and fun.

Virginia Nickich

The logo for Zonta International Foundation Rose Day. It features the Zonta International Foundation logo on the left, followed by the words 'ROSE DAY' in large, bold, yellow letters. A yellow rose is positioned between the words 'ROSE' and 'DAY'. Below this, the date '8 MARCH' is written in a smaller, bold, yellow font.

# ZONTA INTERNATIONAL FOUNDATION ROSE DAY

8 MARCH

In honor of International Women's Day each year on 8 March, the Zonta International Foundation celebrates Rose Day. To show your appreciation to the women you admire, who will stand beside you in your endeavors, make a donation to the Rose Fund in their honor.

Your donation to the Rose Fund enables Zonta to continue supporting projects and programs that help women achieve a life free of violence and empower them to overcome gender barriers that hinder their access to health, education, and professional resources.

With each donation to the Zonta Rose Fund, we will email your honoree a virtual yellow rose and your special message to let them know that they have made a difference in your life. The campaign runs through **3 March**. All emails will be sent by 7 March.

**To make your donation to the Rose Fund, follow these easy steps:**

1. Go to [zonta.org/donate](http://zonta.org/donate).
2. **Designate** a gift amount and choose the Rose Fund in the dropdown menu.
3. **Select** "This gift is in honor, memory, or support of someone," choose "In honor of" and enter their name. Then **check** "Please notify the following person of my gift" and enter in their contact details.
4. **Enter** payment details.
5. **Click** "Donate Now" at the bottom of the page.

If you prefer to mail in your donation, download the mail-in contribution form.

For assistance, or if you have any questions, please contact the Zonta International Foundation at [ZontaInternationalFoundation@zonta.org](mailto:ZontaInternationalFoundation@zonta.org) or call +1 630-928-1400, ext. 212.

Kind regards,  
Sonja Hönig Schough  
International President 2016-2018  
Zonta International and Zonta International Foundation



### Happy Birthday

<b>Jan Witt</b>	<b>2/20</b>
<b>Margo Sheridan</b>	<b>3/6</b>
<b>Janie DiSalvo</b>	<b>3/16</b>
<b>Blanche Anderson</b>	<b>3/22</b>

Please share your birthday so we may celebrate with you. Send it to our newsletter editor@ [virginaroseyoga@aol.com](mailto:virginaroseyoga@aol.com)

### Business Meetings

Regular Business Meeting: 4th Wednesday of each month

Social Gathering @ 6:30 PM (cash bar)

Meeting Called to Order @ 7:00 PM

Place / Restaurant: Osteria da Nino  
2900 South Quincy Street  
Shirlington Village  
Arlington VA 22206  
osteriadaninova.com  
(703) 820-1128

Janie DiSalvo will send an email reminding the members of the monthly meetings. Please respond promptly if you plan to attend and be sure to notify her if you intend to bring a guest. Janie DiSalvo contact information: [disalvoje@gmail.com](mailto:disalvoje@gmail.com) or call 703-931-3852

The Board has their meeting prior to the membership meeting. If you are interested in attending please contact Laura Nakamoto at: [laurawithzonta@yahoo.com](mailto:laurawithzonta@yahoo.com) or call 703-472-4344 or Marty Ditmeyer at [msditmeyer@gmail.com](mailto:msditmeyer@gmail.com), or call 703-623-7003.



## Officers and Directors 2016-2017

<b>Co-Presidents</b>	<b>Marty Ditmeyer Laura Nakamoto</b>
<b>Vice President</b>	<b>Virginia McGee</b>
<b>Treasurer</b>	<b>Paula Pass</b>
<b>Secretary</b>	<b>Barbara Kirkland</b>
<b>Directors</b>	<b>Janie DiSalvo Marylou Fine Jan Witt</b>
<b>Membership Chairperson</b>	<b>Marylou Fine</b>
<b>Service Chairperson</b>	<b>Janie DiSalvo</b>
<b>Scholarship Chairperson</b>	<b>Virginia Nickich</b>
<b>Public Relations Contact</b>	<b>Mary Walker</b>
<b>Newsletter Editor</b>	<b>Virginia Nickich</b>

### **Zonta International**

[www.zonta.org](http://www.zonta.org)

[www.facebook.com/ZontaInternational](https://www.facebook.com/ZontaInternational)

### **Zonta District 3**

[www.zontadistrictthree.org](http://www.zontadistrictthree.org)



## ZONTA CLUB OF ARLINGTON AREA INFORMATION

January 2017			
Service/Emphasis	Amelia Earhart celebration AFAC Donation		
17-Jan	Board of Directors 11AM	Marty Ditmeyer 7611 Ridgecrest Dr Alexandria, VA 22308	Let the president know if you would like to attend
25-Jan	Business Meeting: 6:30  Reservations to Janie Di Salvo disalvoje@gmail.com	Osteria da Nino 2900 South Quincy Street Shirlington Village Arlington, VA 22206 osteriadaninova.com (703) 820-1128	Business Meeting, Budget review  Elect Nomination Committee
February 2017			
Service/Emphasis	Doorways AFAC Donation		
Feb 11th (Date?)	Doorways Dinner with Friends	Clarendon Methodist	Doorways Service Project Let Janie know if you will help
Feb 14,	Board of Directors  11:00 AM	Laura Nakamoto 7636 Centerside Court Falls Church VA 22043	Let the president know if you would like to attend
22-Feb	Business Meeting: 6:30  Reservations to Janie Di Salvo disalvoje@gmail.com	Osteria da Nino 2900 South Quincy Street Shirlington Village Arlington, VA 22206 osteriadaninova.com (703) 820-1128	Arlington Free Clinic

March 2017			
Service/Emphasis			
Mar 8 ????	International Women's Day March, NYC	New York City	Check (www.Zonta.org) International Advocacy website for updates
8-Mar	Zonta Rose Day 	See Page 3 of Newsletter	
14-Mar	Board of Directors	Marty Ditmeyer 7611 Ridgecrest Dr Alexandria, VA 22308	Let the president know if you would like to attend
Mar 14-26 Mar 12??	District 3, presence NYC UN Commission on the status of women (CSW59)	New York City	See District 3 Newsletter for detailed information
18-Mar	<b>A morning for Me!</b>	Marymount University	SELL, sell, sell tickets \$30 <a href="mailto:Zontaevent17@gmail.com">Zontaevent17@gmail.com</a>
23-Mar	Business Meeting: 6:30		Nominating Committee Presents Slate Josette Lahinda
30-Mar	LUNAFEST 10-May	Angelik Film Theatre	Volunteers needed for a variety of duties
April 2017			
18-Apr	Board of Directors	Laura Nakamoto 7636 Centerside Court Falls Church VA 22043	
22-Apr	Area 3 & 4 Workshop	Annapolis, MD	Road trip/plan on attending!
26-Apr	Business Meeting: 6:30 Reservations to Janie Di Salvo disalvoje@gmail.com	Osteria da Nino 2900 South Quincy Street Shirlington Village Arlington, VA 22206 (703) 820-1128	Elections





May 2017	Dues Due		
Service	GOTR Race AFAC Donation		
May Girls on the Run 5K Spring Race	May (Saturday) 5K at Pfitzner Stadium Woodbridge, VA May (Sunday) 5K at Taste of Arlington Arlington, VA	Volunteers Needed	<a href="http://www.gotrnova.org/volunteers">http://www.gotrnova.org/volunteers</a> - - - -
16-May	Board of Directors 11:00 AM	Marty Ditmeyer 7611 Ridgecrest Dr Alexandria, VA 22308	
24-May	Business Meeting: 6:30 Reservations to Janie Di Salvo disalvoje@gmail.com	Osteria da Nino 2900 South Quincy Street Shirlington Village Arlington, VA 22206	Celebration/Scholarship Installation of new BOD
MAY	DUES due to Treasurer		
May	AFAC Spring Carnival		Fund raiser for AFAC
June 2017			
ACHIEVEMENT REPORTS DUE	Send your end of year reports to the President		
June 2-4, 2017	North American Inter- District Conference	Tysons Corner Hilton	Volunteers will be needed/good opportunity for attending
June ?? (Saturday)	Summer Planning Retreat Recap this year and plan for next	Marty Ditmeyer's 7611 Ridgecrest Drive Alexandria, VA 22308 Time 9 am-2 pm	Club achievement Reports are due to the president.