



The Arlington Food Assistance Center (AFAC) is low on cereal, pasta, peanut butter and other food items. Please bring your donation to the meeting. Please be generous. **216** pounds have been delivered to date.

The Zonta Club of Arlington Area

Let's gather together for some holiday cheer!

This event is for members, spouses, significant others, family and friends.

Co-Hosted by Margo and Diana Sheridan

FORMAT: Potluck-let our hostesses know what side dish/ dessert you are bringing

Date: Saturday, December 13th

Starting: 5:30 PM

Where: 6006 Schoolhouse Woods Road,
Burke, Virginia
Telephone 571-332-7109

What to Bring Please bring a wrapped gift, value no more than \$15, for a gift exchange. Spouses and visitors are welcome to join in this fun event.

In addition, we will hold a contest for the most noteworthy (good or bad) holiday attire. Wearing Christmas sweaters, musical ties, and dazzling jewelry of the season are strongly encouraged--but please leave the Santa Claus pajamas at home! (Directions on Page 2.)



President's Corner

My Fellow Zontians,

I hope that everyone had a wonderful Thanksgiving with their friends and family. We travelled to North Carolina to be with my daughter Lark, her husband and three sons. Lark and I have a tradition of shopping the day after Thanksgiving. We love going to the towns in her area and visiting small businesses. We discover a lot of treasures there that are not in the big box stores.

Everyone is now off and running to get ready for the December holidays. We hope to see a lot of you at the Holiday Party hosted by Margo and Diane on December 13. I am definitely looking forward to admiring your Holiday Attire!! If you have not yet RSVP'd, please take a minute to do so. Don't forget to bring food donations for AFAC - they are in great need at this time.

Starting in January we will be meeting in the Curious Grape in Shirlington. They offer us an entirely private room, complete with an AV screen for any presentations we have to display. This venue will offer a wonderful atmosphere for our meetings and for hosting prospective members in a professional environment. They have honored our budget of staying close to \$26. More details will follow in January.

This has been a busy and productive last month for our club. You can read the details of the Inter-Service Club Council luncheon, the Girls on the Run event, and the Pre-Legislative meeting in Richmond. But save some energy, ladies, for the upcoming months, as we ramp up for the annual Wine Seminar, prepare to go to NYC in March for the Today show, and get started on our role in registration for the 2015 District Conference in Williamsburg, to name a few.

This Zonta Voice is packed with information – thanks Marty – so please take the time to read it and keep up to date on what is going on.

Nancy

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NEW MEMBERS



Nancy and Margo welcome Mariam Almajid

CHEZ CHARLOTTE'S



Margo inducts Margaret Burcham as our newest member.



Good times and good food at Chez Charlotte's a wonderful club tradition which contributes to good will and scholarship funds.

Directions for the Holiday Gala!

6006 Schoolhouse Woods Road, Burke, Virginia

Directions from I-95: take exit 169 A/B (just outside the Beltway), bear right onto Old Keene Mill Road Route 644 west; after approx. 5 1/2 miles turn right on Lee Chapel Road. When you cross Burke lake Road at the next light, the road changes to Burke Centre Parkway. Proceed 1 mile, turn right on Schoolhouse Woods Road (first road past the first traffic light on Burke Centre Parkway). 3rd house on right, 2 large oak trees in front yard.

Directions from west: Follow Fairfax County Parkway (route 286) south, take left exit onto Burke Centre Parkway. Cross Route 123 Ox Road, go approx. 1 1/2 miles through several traffic lights. Left onto Schoolhouse Woods Road (approx. 1/4 mile after Walmart and Giant plazas). 3rd house on right, 2 large oak trees in front yard.

White House Ornaments

Proceeds from the White House Ornament benefit the Zonta Club of Arlington Area that contributes to Zonta International service projects on the local, regional, national, and International levels, including Doorways for Women and Families, the Virginia Hospital Center Medical Brigade, Girls on the Run, Women in Military Service Memorial, the Arlington Free Clinic, and AFAC.

Thanks to everyone for all your support. Over 600 ornaments have been sold! There are only a few ornaments left - if anyone needs any, they need to contact Heidi ASAP in case more need to be ordered.. Also, please keep the checks coming in. :)

The Zonta Club of Arlington Area is a not-for-profit organization under Section 501(c)(3) of the Internal Revenue Code (Fed.ID#54-6044411). Donations and contributions are tax-deductible within the limits prescribed by law. For the 2014 White House ornament \$4.30 is tax deductible.

October 22, 2014

Two Year Theme –

Broadening Horizons – Strengthening Relationships

ATTENDEES: Karen Bibbins, Janie DiSalvo, Marty Ditmeyer, Alina Doreste-Johnson, Charlotte Floyd, Virginia McGee, Laurie Nakamoto, Virginia Nickich, Nancy Ramsay, Betsy Reilly, Margo Sheridan, Mary Walker, Jan Witt (13 members)

7:00 Zonta Blessing and dinner orders are taken.

7:20 Nancy Ramsay asked members to send get well cards to Lisa Fraser Kimbrough, a past governor and friend of ours, who just had colon surgery. Her Address is 1034 Jamestown Crescent, Norfolk, VA 23508

Nancy Ramsay & Virginia McGee reported that White House Ornaments are selling well, close to 600 gone already, and it was agreed that Heidi Ramsay should be asked to order an additional 100.

Charlotte Floyd passed around a sign up sheet for her Chez Charlotte dinner, to take place on Saturday Nov. 15, at 4:30 PM, and announced that Dr. Shank from Marymount will be a guest at the event.

Nancy Ramsay reported on the District Conference; We won awards (see newsletter) and the workshops focused on Advocacy. The 2015 District Conference will be in Williamsburg, VA- Oct. 2-5, 2015. This Conference will be hosted jointly by Area 4 clubs, so we will be getting a list of tasks to choose from.

Margo Sheridan, District Governor, announced that there will be an event in NYC in March, at the time that the UN programs focus on Womens issues. We will receive further information as the plans develop.

Virginia McGee presented the Minutes from September 24 meeting, and they were approved by a voice vote (moved by Marty, 2nd by Mary).

There was no Treasurers' report because Ellia Karro is out of town.

There was no Service Report at this time

Karen Bibbins gave her report on the ZI convention verbally and with handouts, because the logistics and noise made it impossible to do the power point presentation.

Pistones does not work for meetings we need to "move on". Nancy announced that she has been able to work out a good agreement with The Curious Grape in Shirlington, so our January 28 meeting will be held there.

Marty asked for input & content for the Newsletter.

8:25 PM Meeting Adjourned (moved by Virginia Nickich, 2nd by Jan Witt)

Minutes submitted by Virginia McGee

Pre-Session Women's Legislative Roundtable, Richmond, VA



Shannon Valentine, VA House Delegate (2006-2010)

On December 3, Margo Sheridan and Nancy Ramsay went to Richmond to attend the Pre-Session Women's Legislative Roundtable at the Capitol Building in Virginia. Zonta members from the Fairfax and Hampton Roads clubs attended as well.

This was an all-day program which consisted of many speakers from a variety of organizations discussing what interests they would be promoting for the upcoming legislative year. Additionally we heard from Ric Brown, Virginia Secretary of Commerce; Anne Holton, Virginia Secretary of Education; and, Virginia Secretary of the Commonwealth, Levar Stoney. Nancy is happy to share and discuss her complete Speaker's List with extensive notes to anyone who would like to see it.

Following the morning session there was a luncheon, followed by speakers and a panel.

Discussing the initiative "OneVirginia 2021" was Shannon Valentine, VA House Delegate (2006-2010). This initiative is to frame the redistricting of Virginia by 2021. Their mission statement is: Virginia's state and congressional districts belong to its citizens and not to any legislator, interest group or political party. Districts should be drawn with citizen's interests in mind, encouraging healthy debate and public participation in the process.

Edgardo Cortes is the new Commissioner of Virginia elections. He addressed the group regarding the operational side of preparing for elections and enabling those without picture IDs to obtain them through his office so that they could vote on Election Day.

Anne Sterling, President of the Virginia League of Women Voters was pleased to see that four Zonta members were in attendance. She recognized us to the group at the luncheon.

This was a very interesting day and Margo and Nancy highly recommend it to others in the club.

THANKS/APPRECIATION FROM DOORWAYS

Nov 2014

Heather O'Malley; Rachel Dove; Claudia Zaborsky

Subject: **Thank you Zonta! Our Kennel Renovation is Done :)**

Dear Blanche, Margo and our Dear Friends at Zonta,

Thank you so much for your continued support and dedication to our families and furry family members! Just in time for the winter months, we are happy to announce, that with your help, our Doorways Kennel has been totally revamped and weatherized-a home, now fit for the pets our clients love so dearly. As you know, for many survivors of domestic violence, pets serve as source of comfort and provide strong emotional support during the most difficult of circumstances. After all, 98% of Americans consider pets to be companions or members of the family. Additionally, twelve separate studies have reported that between 18 and 48 percent of abused women, and their children, delay leaving abusive situations in fear for what might happen to their animals. Your support has created a pathway for these clients and their loved ones-ensuring no family member is left behind.



On behalf of the board, staff, and volunteers of Doorways for Women and Families, thank you. Your support lets us know you share our belief that everyone deserves safe, affordable housing and a quality life. Thank you for your continued partnership with us to create pathways out of domestic violence and homelessness towards safety and stability. Your contributions truly make the difference.

With Much Gratitude,
Caroline
Caroline Jones, MSW
Executive Director
Doorways for Women and Families
Direct phone (703) 504-9272
Main office (703) 504-9400

A MESSAGE FROM THE ZI PRESIDENT

A Message from International

President Maria Jose Landeira Oestergaard



Dear Zontians,

The first article in the Universal Declaration of Human Rights, adopted by the UN General Assembly on 10 December 1948, reads: "All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood."

However, despite much progress, there are many countries in which women's rights are not yet recognized as human rights and gender equality remains one of the greatest challenges of our times. And more than 100 years after the first women were allowed to vote, which is the basis of all democratic societies, there are still many places where women do not have this right.

We Zontians play a major role in empowering women to improve their lives. And we know that gender equality, women's empowerment and sustainable development are simply not possible if violence against women and girls does not end.

We are aware of the statistics and reports indicating that gender-based discrimination and violence against women are often rooted in misinterpretations of history, inadequate laws, culture and religion, but they can also be based on social structures and traditional ideas of feminine and masculine identities. Violence against women is most frequently about power and control, and we know its consequences to women's physical, mental and reproductive health.

Violence against women is not a women's issue, but a societal issue. Sustainable prevention requires an understanding of the root causes and the use of multiple complementary strategies operating on individual, relationship, community and societal levels.

Prevention should start early in life during childhood and early adolescence. We must intervene when there is violence and abuse in a family. In the schools, the strategy should be to teach children to recognize and avoid situations of violence and abuse. Children and adolescents need to learn how to build a climate of tolerance, promoting respectful relationships and mutual respect, which is the basis of equality.

At the 2014 Convention, we all made a decision about which direction to take in the historic moment in which we are living. I am convinced that sustainable change can be achieved through awareness and prevention of root causes via education. Therefore, during the 2014-2016 Biennium, and with Conviction, Commitment and Courage, we will:

- Empower women and help them to reach their full potential through effective mission-focused performance, lasting impact of programs and projects, and membership growth.
- Strengthen our leading role in women's issues through active participation in the Beijing+20 process, launched in May 2014 as a defining framework for change, and in the UN Post-2015 Agenda which represents the efforts of the global community as we move beyond the Millennium Development Goals.
- Address root causes and focus on prevention through education to change attitudes in men and women.

Only through mutual understanding of respect for men's and women's rights will we achieve a society based on equality.

I look forward to working with you all. Our efforts are needed more than ever.

Maria Jose Landeira Oestergaard



Zonta International seeks to advance the status of women worldwide by improving the legal, political, economic, educational, health and professional status of women at the global and local levels through service and advocacy. With the generosity and collective action of Zontians and friends around the world, Zonta International has supported projects in 57 countries, provided scholarships and awards to women around the globe, and been a powerful advocate for change in our local and international communities, thereby transforming the world and women's place in it.

Economic

Worldwide, 70% of the 1.3 billion poor are women. Zonta International is committed to expanding women's access to skills training and income-generating activities that lead to sustainable livelihoods and economic independence. To this end, Zonta has supported programs that increase women's access to financial resources and generate higher wages through the establishment of all-female micro-credit programs, technical skills training and improved techniques in the production and marketing of goods.

Education

Zonta International helps women overcome gender barriers to careers in traditionally male-dominated fields through the Amelia Earhart Fellowships and Jane M. Klausman Women in Business Scholarships. Gender inequality in education, however, begins much earlier in life. Of an estimated 93 million children not in school, 48.4 million are girls. Through Zonta's International Service Program, Zonta has increased access to educational opportunities and vocational skills training for girls and young women in Africa, Asia and South America.

Health Care

Access to quality, affordable health care has never been more important. Today, more than 15 million women are living with HIV, and approximately 530,000 women die each year during pregnancy or childbirth. Zonta International has supported programs addressing the unique health issues of women in different areas of the world including: efforts to reduce the risk of HIV/AIDS through health education and prevention of mother to child transmission (PMTCT) programs; the provision of basic health services and health education for women and children living in rural or poor urban areas; and the reduction of Female Genital Circumcision, Maternal and Neonatal Tetanus, and Obstetric Fistula.

Youth Development

Zonta International believes that young women with a commitment to service and leadership are the key to improving the status of future generations of women. Through the Young Women in Public Affairs Award, Zonta encourages more young women to participate in public and political life by recognizing young women for their commitment to the volunteer sector, volunteer leadership achievements and dedication to the advancement of the status of women. Zonta's Z Club and Golden Z Club program helps high school, college and university students develop leadership skills, explore career options and participate in local and international community service projects.

Legal & Political

Women worldwide face systemized discrimination and countless barriers to living lives, free from legal, social, economic and political inequality. Zonta International works closely with the United Nations and its Member States to influence local and international laws and attitudes that affect women's lives. Zonta International, its districts and clubs advocate at all levels for laws and policies that appropriately address issues of gender inequality.

Violence Against Women

The human rights of women and girls are an inalienable, integral and indivisible part of universal human rights. Zonta's efforts to prevent violence against women worldwide focus on: raising awareness of, and improving education about, violence against women and children; implementing, promoting and enforcing local laws and policies that protect women and victims of violence; and providing medical, legal, rehabilitation and reintegration services for survivors of violence. In cooperation with the United Nations, its agencies and other NGOs, Zonta International has assisted victims and potential victims of violence and human trafficking around the globe.



INTER-SERVICE CLUB COUNCIL

The Inter-Service Club Council (ISCC) of Arlington is an association organized in 1940 for liaison between the various service clubs/organizations of Arlington. Its purpose is to act as a clearinghouse for the exchange of ideas and the furthering of amicable relations between its member clubs/organizations.

In November Virginia M, Nancy and Ellie attended the ISCC Meeting.



Message from Arlington Food Assistance Center: Holiday Food Drive Challenge

Help us meet our "Holiday Challenge" Food Drive. AFAC clients truly love having baking staples such as cooking oil and flour. Our goal is to collect 2,200 of each by December 20th. Please challenge your co-workers, friends, and family to help us meet our goal!

Small plastic bottles of cooking oil preferred. Items can be delivered to AFAC - see our hours of operation <http://afac.org/hours-directions/>.

**SAVE THE DATE: April 18, 2015
WINE EVENT
HELPERS NEEDED**



Hi!

Our club hosts an annual wine tasting and seminar in April at the Women in Military Service for American memorial. This is the big fundraiser for our club's charitable giving and scholarships. Many of you have attended in the past.

The Wine Event this year will take everyone's help to make it happen. Not only will we need all of you (us) at the event to host our guests, we will need volunteers to help with the planning, select and prepare hors-d'oeuvres specially paired with each of the wines, provide supplies, donate baskets and gifts for our silent auction, assist our treasurer, etc.

Right now we need everyone to start saving your paper grocery bags with handles--like the ones you get at Trader Joe's and Whole Foods--for our guests to carry home their wine purchases.

Also, please be thinking about friends and co-workers you would like to invite to the event. Since we are now 501(c)3, donations for the event (minus the cost of the wine and a few other incidental costs) are tax deductible.

If you are willing to be on this year's committee, please let me know. This is my rookie year as the event chairman, but thankfully we have many members with lots of experience supporting this and similar events.

It's a lot of work but also a lot of fun! Let's do it!

Margo Sheridan, Chair



The Zonta Club of Arlington Area

invites you to our

11TH ANNUAL WINE SEMINAR

Wine suggested by **Schneider's of Capitol Hill**

SAVE THE DATE
details to follow

Saturday, April 18, 2015

3:30 — 6:00 PM

(First pouring at 4:00 PM)

Women in Military Service for America Memorial (WIMSA)

www.womensmemorial.org

Arlington Cemetery

Arlington, Virginia

Join us for an afternoon of wine tasting, plentiful hors d'oeuvres, and a silent auction in a beautiful venue.

Learn about wines from all over the world.

Proceeds benefit the Zonta Club of the Arlington Area


which contributes to

Zonta International, Doorways, the Arlington Free Clinic, AFAC (the Arlington Food Assistance Center), the Virginia Hospital Center MEDICAL BRIGADE, Project PEACE, Girls on the Run and WIMSA.

**The Zonta Club of Arlington Area is a not-for-profit organization under Section 501(c)(3) of the Internal Revenue Code. Donations and contributions are tax-deductible within the limits prescribed by law (Fed.ID#54-6044411).*

Website: www.zontaarlingtonarea.org

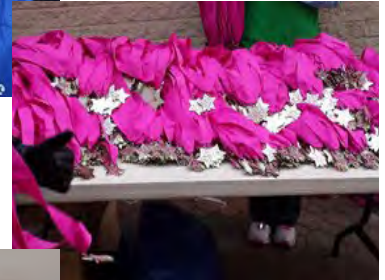
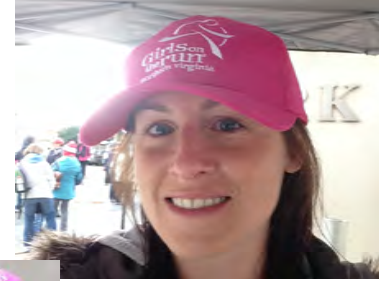
Contact: msditmeyer@gmail.com

 Zonta Club of Arlington Area
Member of Zonta International
Advancing the Status of Women Worldwide

Girls on the Run Northern Virginia (GOTR) 5K Fall 14 GOTR NOVA

Zonta club members volunteered to help with this year's 5K races (two were held this year at Woodbridge and Rosslyn) Marty and Nancy wore the registration desks at Woodbridge and Rosslyn. kOn race day (at Rosslyn) Jen, Margo, Janie and Nancy helped out. with the race itself!

check out some of the photos from the race at <https://www.flickr.com/photos/gotrnova/sets/72157648941140467/>



ARLINGTON FREE CLINIC

The Zonta Club of Arlington Area has supported the Arlington Free Clinic since its early days. Recently there was an excellent article in the Washington Post about the clinic.

Excerpt from November 20, 2014

Article in the Washington Post

The clinic — one of more than 50 free clinics in Virginia — prides itself on providing “whole-person” care for more than 1,700 patients, meaning that regardless of what brings people in, they can get treatment for any physical or mental health need. Spanish-speaking interpreters are always available, and there are also volunteer translators in many other languages.

With an annual budget of \$2.75 million, most of it from grants and private donations, the clinic is highly rated by Charity Navigator and the Greater Washington Catalogue of Philanthropy.

“They’ve made themselves a critical component of the safety net,” said Nicole Lamoureux, executive director of the Alexandria-based National Association of Free and Charitable Clinics.

Clients have to be Arlington residents over 18, without insurance, who have lived in the United States for at least a year and qualify as low-income. Full-time college students are not eligible, because they usually can get medical care on campus. About half of the clinic’s patients come through the lottery; the other half are sent by Virginia Hospital Center, which does all of the clinic’s lab and radiology work.

http://www.washingtonpost.com/local/for-arlington-poor-medical-care-is-a-chance-dream/2014/11/20/bf34f270-70e3-11e4-ad12-3734c461eab6_story.html



DATE	EVENT/PROGRAM/TIME	LOCATION	SERVICE/COMMENT
December 2014			Finish up Ornament Sales
Dec 3	Trip to Richmond	Richmond, VA (LWV trip)	Legislative Education
Dec 11	Doorways Holiday Party 6-9 pm (Crafts)	Doorways	Doorways Service Project
Dec 13	Zonta Arlington Holiday Party 5:30 pm	Margo Sheridan's house, Burke, VA Margo & Diana are co-hosting	Potluck, bring wrapped gift of \$15 or less, AFAC donation
January 2015			
Jan 14	Amelia Earhart celebration Board of Directors	Virtual	Let the president know if you want to call in
Jan 28	Business Meeting: 6:30 Reservation:		Business Meeting Amelia Earhart Elect Nomination Committee
February 2015			
Feb 12	Doorways Dinner with Friends	Clarendon Methodist	Doorways Service Project Let Janie know if you will help
Feb 18	Board of Directors	Virtual	
Feb ?	No Fear in Love Race		Project Peace
Feb 25	Business Meeting: 6:30 Reservation:		
March 2015			
Mar 18	Prep for Wine Seminar Board of Directors	Virtual	
Mar 25	Business Meeting: 6:30 Reservation:		Nominating Committee Presents Slate
April 2015			
Apr 5	Easter		Enjoy the holiday!
Apr 15	Board of Directors	Virtual	
Apr 22	Business Meeting: 6:30 Reservation:		Elections
Apr ?	Rally Against Rape	Northern VA Rally Against Rape	http://rallyagainstrape.org Website for information
May 2016			
May 20	Board of Directors	Virtual	
May 16 and 17 (tentative date)	Girls on the Run	5K	http://www.gotnova.org/get- involved/volunteer
May 27	Business Meeting: 6:30 Reservation:		Celebration/Scholarship Installation of new BOD
May ?	AFAC Spring Carnival		Fund raiser for AFAC
June 2015			
June TBD	SUMMER RETREAT/PLANNING 9 am- 3 pm		
For Long Term Planners			
October 2-4, 2015	District 3 Fall Conference		Williamsburg, VA
July 2-6, 2016	Zonta International Convention		Nice, France

ZONTA CLUB OF ARLINGTON AREA INFORMATION



Zonta Club of Arlington Area--Officers and Directors

President	Nancy Ramsay
Vice President	Karen Bibbins
Treasurer	Ellie Karro
Secretary	Virginia McGee
Director	Barbara Kirkland
Director	Linda Sudi
Director	Marty Dltmeyer

HAPPY BIRTHDAY

Charlotte Floyd	Dec 10
Betsy Reilly	Jan 14

Zonta Club of Arlington Area
P.O. Box 6825
Arlington, VA 22206

Zonta Club of Arlington Area
www.zontaarlingtonarea.org
www.facebook.com/ZontaClubArlingtonArea

Zonta District 3
www.zontadistrictthree.org

Remember to Check the Facebook Page (Zonta Club of Arlington Area) for current information. Also for the Calendar and Membership Brochure use the Club Dropbox.

Zonta International
www.zonta.org
www.facebook.com/ZontaInternational