



The Arlington Food Assistance Center (AFAC) is low on cereal, pasta, peanut butter and other food items. Please bring your donation to the meeting. We have donated 298 pounds of food to date. Also AFAC needs *reusable cloth bags* to give to their clients

A Business and Celebratory Meeting

The Arlington Area Zonta Club invites you!

Date: *Wednesday, May 21, 2014*

Social: 6:30 PM (cash bar)

Meeting: 7:00 PM

Where: Kora Restaurant
2250-B Crystal Dr.
www.korarestaurant.com

Reservations for the Business Meeting

Janie DiSalvo coordinates our reservations for this meeting. Please call or email Janie (disalvoje@gmail.com) the Sunday before the meeting. The cost is \$26.00. If you make a reservation and cannot attend the meeting, please advise Janie.* Guests are welcome.
*Members who do not call to cancel will still owe \$26.

Board of Directors' meetings are held virtually. If you are interested in being on the distribution list, let Alina know (moandnoodle@me.com).

President's Corner



My Dear Zontians,

It's hard to believe that two years have gone by and now it's time to pass the baton to Nancy Ramsay and the on-coming administration. I do that with a great deal of gratitude for your support (and a healthy sigh of relief!). Thank you for the confidence that you placed in me to lead you these last couple of years. At inception, I was fairly clueless of club protocols and procedures. I was also riddled with uncertainty as to whether I was up for the task. Thanks to all our previous Presidents who provided me with their vote of confidence and guided me along the way. For this has been a great experience. There were too many highlights for me to recount but the ZI convention was noteworthy and invaluable in terms of Zonta immersion. All these great memories could not happen without my wonderful Board, our seasoned club members, and the rest of this great Arlington club. You've all bailed me out, talked me off a ledge, showed me the ropes, and stepped up to every challenge. To sum it up, it was the power of "We" that got this novice through.

This leads me to where we are. This year, our focus was on building our club membership and increasing our advocacy efforts. Thanks to Nancy and Virginia, our club has exceeded its membership goals (over 200%) and, through Jo and Karen, we were able to shine a light on the Arlington sexual assault hot-line response. We also brought to the forefront issues such as human trafficking and the challenges of Afghani women.

It has been a good year – so let's celebrate our successes, relish our accomplishments, and get excited about the future!!! I am confident that Nancy and her very capable Board will take this club to new heights and have a great deal of fun along the way.

Thank you for all you have done for me, for our club, and most of all, for all the women who have benefited from your efforts.

Alina

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ZONTA CLUB OF ARLINGTON
MINUTES OF MEETING April 23, 2014
@ CHEZ ANDREE

ATTENDEES: Alina Doreste, Nancy Ramsay, Jan Witt, Margo Sheridan, Anne McGee, Barbara Kirkland, Charlotte Floyd, Mary Walker, Blanche Anderson, Marty Ditmeyer, Jennifer Hawes and Virginia Nickich. Also in attendance were two guests: Mariam Al-Majid & Mohammad Shafiq Hamdam, advocates on Afghanistan issues and NGOs. Bios of the guests were distributed.

Alina started the meeting @ 7:01 pm.

All members introduced themselves to the guests. Nancy told the history of how she met Mariam while dining in the restaurant that she was part owner of in 2007.

MINUTES: A motion to accept the minutes was made by Marty Ditmeyer; Seconded by: Anne McGee ALL: AYE.

MEMBERSHIP: Alina announced three new members, Heidi Ramsay, Diana Sheraton and Jennifer Hawes. All are in the process of submitting the Zonta application.

TREASURER REPORT: Margo reported on the finances and handed out the monthly report. It is time for the annual payments to Go DADDY for web domain name.

MAY MEETING: Due to the Memorial Day holiday, a recommendation was made to move the May meeting date up a week from May 28 to **May 21**. We will check with Kora Restaurant for accommodations as well as the scholarship recipient and Marymount representatives. Kora Restaurant was suggested because it is a livelier atmosphere and we will be celebrating the Arlington Zonta Club's 60th birthday, our scholar recipient and the new officers will be sworn in.

BOARD OF OFFICERS: Margo Sheraton, Alina Doreste and Virginia McGee were the nominating committee. The slate of officers was presented as follows:

President – Nancy Ramsay
Vice President – Karen Bibbins
Treasurer – Ellie Karro
Secretary – Virginia McGee
Director – Barbara Kirkland
Director – Linda Sudi

A motion to accept the slate as presented was made by Charlotte Floyd; Seconded by: Marty Ditmeyer; All – AYE.

SCHOLARSHIPS: Virginia Nickich will contact Erin Schleising of Marymount to see if the scholarship recipient and representatives can attend May 21.

SUMMER RETREAT: The summer retreat and business meeting will be held at Nancy Ramsay's house. Date: June 14, 2014.

GOVERNOR NEWS: Margo reminded everyone of the upcoming Convention in Orlando. The spring workshop will be sponsored by the Charles County Club.

FUNDRAISERS: While in Florida, Blanche Anderson attended the Melbourne Club's Annual Chocolate Festival. It is a fun event; participants are given a map of the chocolate table and a ballot to vote for the best one. They charge \$25 for the chocolate sampling and an additional \$10 for chocolate martinis.

Motion to adjourn the meeting was made by Jan Witt; Seconded: Blanche Anderson; ALL – AYE.

Minutes submitted by:

Virginia Nickich

05/04/2014



Mariam Al-Majid and Mohammad Shafiq Hamdam address the issue of corruption in Afghanistan and setting up an NGO to deal with the issue.



Summer Retreat/Strategic Planning Meeting—JUNE 14, 2014, 9am-3pm

The Summer Retreat/Strategic Planning Meeting will be on June 14 and we will start at 9. Our hostess and incoming President, Nancy Ramsay, will provide a breakfast casserole, sausages and coffee/tea. A tray of sandwiches to put out for lunch, so folks can either bring something to go with breakfast or with lunch. The meeting usually ends between 2 and 3 pm.

The Summer Retreat/Strategic Planning Meeting is the forum in which the Zonta Club of Arlington Area puts together plans for the following year. We will build on what we did this last Zonta year and adjust where needed. What makes this club so wonderful is the variety of ideas and experiences that our members bring to the table. Please take the time between now and then to pull together any service projects, fundraising ideas, and any other club improvements that you have thought about. We need maximum participation to be the best we can be for the next year - bring your energy and your ideas.

If you are new to the group this is a very important process for you to see and participate in. We welcome your ideas and the new energy you add to the group.

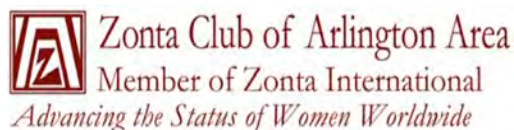
DIRECTIONS to NANCY's HOME

Do not use MapQuest - those directions are wrong. Google maps have it right and most likely your GPS will get you there as well.

Thanks for travelling out to my neck of the woods for this meeting. Our address is 43716 Vineyard Terrace, Ashburn, VA 20127 and our home phone is [703 723-4849](tel:7037234849). There are three basic routes that you can follow to get here. I would strongly suggest carpooling. The first two routes below require taking toll roads.

1. Take the 495 to the Dulles Toll Road (267), and continue on the Dulles Greenway until you reach the Claiborne Exit. (Exit #5) Turn right at the end of the ramp and come down approximately 2.6 miles until you reach the light at Gloucester. **Turn right on Gloucester, and take the very next right on Deer View at the top of the hill. Take the next right on Floral Valley. Vineyard is about the 4th street down, on the left, and we are on the corner of Vineyard and Floral Valley. **YOU CAN NOT PARK ON VINEYARD** - but there are several lined pull-in parking spaces, on the right, on Floral Valley just before you reach Vineyard. You can also park along the right curb on Floral Valley. As long as the curb is not painted yellow you may park there.
2. Take the Dulles Toll Road (267) and exit on Route 28 toward Sterling. Take 28 until you get to the exit ramp (on the left) to Waxpool Road. Remain on this road (EVEN THOUGH THE NAME CHANGES TO FARMWELL) until you reach Ashburn Road. Turn right on Ashburn Road - this takes you through the little old town of Ashburn - when you reach the light at Gloucester, turn left, and follow the directions from ** above.
3. (No tolls route) Take Route 7 West that changes names multiple times between Alexandria and Ashburn. Stay on 7 until you reach Claiborne Parkway (VA 901 South) - the second exit. Go about 1.4 miles, and at the second traffic light (you will see a Walgreens on your left) turn left and then follow the directions from **above.

IF YOU GET LOST JUST CALL ME AT 703-723-4849 AND I'LL TALK YOU IN.



A Statement Regarding Kidnapping of Schoolgirls in Nigeria

Created by Zonta International on 5/7/2014 2:52:05 PM

7 May 2014

Last month, nearly 300 schoolgirls in Nigeria were abducted from their dormitory in Chibok Borno State, and we recently learned that eight more have been taken. These vicious kidnappings were carried out by the terrorist group Boko Haram, which translates to “Western education is a sin.” Reports indicate that many of the girls are now being sold into marriage to the Boko Haram militants.

Zonta International President Lynn McKenzie visited Nigeria last month and saw firsthand the power education has to change cultural norms and make the world a better place for women and girls. Through the Global Partnership on Edutainment for Social Change program, which combines mass communication and outreach to educate communities, President Lynn met women and girls who are changing the world. From the policewomen who work for the Anti Human Trafficking Women and Children Protection Unit in Benin City to the professionals managing NGOs throughout Nigeria, these women have taken on powerful positions of leadership despite the barriers to education that are prevalent in their country.

Zontians in Africa and around the world abhor Boko Haram’s actions against girls. Education is the foundation for development, and Zontians have been fostering means for the education of women and girls since 1919. The girls that were abducted were bright, ambitious future leaders. They now find themselves in grave danger because of extremists who believe girls should be wives, not students. This belief, and the inhumane acts of violence that support it, is simply unacceptable.

Zonta International expresses its deepest solidarity to those affected by these horrific acts and urges the Nigerian government to take serious action to ensure that the children are returned safely to their families so they can continue their education in a safe and secure environment.





#BringBackOurGirls: A joint op-ed on the abduction of more than 200 school girls in Nigeria - See more at: <http://www.unwomen.org/en/news/stories/2014/5/nigerian-girls-oped#sthash.BTveobSf.dpuf>

Date: 07 May 2014

A joint op-ed by Phumzile Mlambo-Ngcuka, Executive Director of UN Women, and Babatunde Osotimehin, Executive Director of the UN Population Fund.

Today more than 200 school girls will wake up to another day in an unthinkable nightmare. Three weeks ago, they were seized in the night by armed men dressed as soldiers who said they were there to protect them. In reality, the men were militant extremists who kidnapped them and set their boarding school on fire. The girls' whereabouts continue to be unknown.

This happened in Chibok, a town in north-eastern Nigeria. Imagine if it had taken place in your community.

This horrific act offends our common humanity and demands global outrage and action. We have a responsibility to rally behind the parents, people and Government of Nigeria and bring the girls back home to safety.

The violation of the rights of women and girls on such a scale, no matter who they are and where they are, requires the whole world to stand up and take action. We are racing against time and every moment counts. We need the Government of Nigeria to act fast and we need the support of the world.

We must send the message loud and clear that no girl can be abducted.

Human rights are indivisible and universal. Yet, women and girls continue to be systematically targeted, assaulted, trafficked and enslaved on a massive scale. Globally, one in three women will experience violence in her lifetime.

For women and girls in every country, violence and the fear of violence is a daily reality. In conflict zones and in the presence of armed extremists, violence is an even bigger threat.

The abduction of schoolgirls in Nigeria is shocking and deserves an urgent global response. While some girls escaped, jumping from the jeeps, and made their way home to tell the story, most of the kidnapped girls remain missing.

Their parents, teachers and friends continue to demand their release. Meanwhile, reports are circulating that the girls have been sold as brides and trafficked as sex slaves across Nigeria's borders.

In Nigeria and elsewhere, parents and marchers took to the streets wearing red, demanding answers and action. There has been a deluge of social media posts, demanding the girls' urgent and unconditional release and return home. The hashtags, #BringBackOurGirls and #BringBackOurDaughters, are spreading around the globe.

These girls were targeted for the simple reason that they went to school. They were exercising their right to education. They were kidnapped by the Islamist group, Boko Haram.

Attacks against children and the targeting of schools cannot be justified under any circumstances and should be condemned by all.

Girls and young women belong in school and should stay there without fear of violence, so they can play their rightful roles as equal citizens of the world. Schools are and must remain places of safety and security, where children can learn and grow in peace.

Women and girls have the right to live free from intimidation, persecution and all other forms of discrimination and to participate fully and equally in public and civic life.

We cannot allow extremists to trample these rights and take us and our societies backwards.

We stand with people worldwide who believe that every person is equal in inherent worth and dignity and human rights. We stand with the parents and families of the abducted girls. If we do not respond effectively, those who prey on women and girls are emboldened to continue their crimes.

The world must come together and make every possible effort to rescue these girls, bring their captors to justice, and, more importantly, do everything in our power to prevent this from happening again.

Related links:

Joint statement by UN Special Representative of the Secretary-General on Sexual Violence in Conflict Zainab Hawa Bangura, UN Women Executive Director Phumzile Mlambo-Ngcuka, UN High Commissioner for Human Rights Navi Pillay, and UN Special Representative of the Secretary-General for Children and Armed Conflict Leila Zerrougui

- See more at: <http://www.unwomen.org/en/news/stories/2014/5/nigerian-girls-oped#sthash.BTveobSf.dpuf>



**Zonta Club of
Arlington Area**
*Member of Zonta International
Arlington, Virginia*

Advancing the Status of Women Worldwide

Visit us at
www.zontaarlingtonarea.org
facebook.com/ZontaClubArlingtonArea

OUR CLUB

The Zonta Club of Arlington Area was established on May 27, 1954. May 2014 will mark the 60th Anniversary of the club. Club members carry on the tradition of service to our community and the world. The club seeks individuals with diverse qualifications and offers its members opportunities for service to the community, leadership training, networking, fellowship and fun.

Club members support and participate in service projects on the local, regional, national, and International levels. There are opportunities to serve and to learn through its monthly meetings, district conferences, and international events.

The Club schedules meetings and social events each year. Members receive the Club newsletter, The Zonta Voice, and The Zontian, a magazine published by Zonta International.

OUR LOCAL PROJECTS

Our Club advocates for women's issues at the local, national, and international levels.

Arlington Food Assistance Center—a community-based non-profit that provides supplemental groceries to those in need.

Arlington Free Clinic—provides access to health care services to low-income, uninsured people in the community.

Doorways for Women and Families—offers temporary community shelter and a resource center for abused, homeless or at-risk women and families.

Girls on the Run—Running is used to inspire and motivate girls, encourage lifelong health and fitness, and build confidence through accomplishment.

Project PEACE—the project is a coordinated commitment to address domestic violence in the community.

Virginia Hospital Center Medical Brigade—delivers medical service annually to thousands of people in Honduras.

Women In Military Service For America Memorial—the only major national memorial honoring women who defended women throughout history.

MEMBERSHIP

Membership in Zonta is by invitation and is based on the diversity of occupations required by the Zonta International By-Laws. Membership is open to persons living or working in Northern Virginia and representing many occupations; therefore, the Club provides valuable networking opportunities.

MEETINGS AND EVENTS

The Zonta Club of the Arlington Area meets monthly, customarily on the fourth Wednesday. Meetings combine dinner, a short business session and a variety of programs of general interest, education and fun! Social events include dinners and other gatherings which are both fundraisers and opportunities for fellowship and fun. District Meetings, and International Conventions offer additional opportunities to advance the status of women.

SERVICE

Zonta offers its members an opportunity to contribute their time and talents to an organization whose mission is to improve the legal, political, economic, educational, health and professional status of women. We do this by raising funds to support projects all over the world, by participating in service projects which promote these aims, and by educating our members on important issues.



"Zonta" is derived from a Lakhota (Teton Dakota), a language of the Native-American Sioux peoples, word meaning honest and trustworthy. It was adopted in 1919 to symbolize the combined qualities of honesty and trust, inspiration and the ability to work together for service and world understanding.

ABOUT ZONTA

The founding of Zonta International occupies a unique moment in women's history. Established in Buffalo, New York, in 1919, Zonta takes its name from the Lakota Sioux Indian word meaning "honest and trustworthy." Early members were among the first generation of college-educated women, the first generation of North American women to vote, and a part of the growing, though still comparatively small, legion of women entering the workforce.

Over the decades, Zonta International has grown into a worldwide service organization of executives in business and the professions working together to advance the status of women. There are more than 30,000 members in more than 1,200 clubs in 63 countries all over the world.

Throughout Zonta International's history, improving the status of women politically, legally, professionally, and in all other facets of life has been the motivating force. The programs of Zonta International and the Zonta Club of the Arlington Area are making this happen by laying the groundwork for women to achieve not just their personal goals, but to improve conditions for women worldwide.

ZONTA INTERNATIONAL offers programs to fund women in higher education, including:

Amelia Earhart Fellowships were established in 1938 in honor of Amelia Earhart, famed pilot and Zontian. Since then, Zonta has awarded 1,157 Fellowships totaling over six million dollars to women representing 57 countries. As a result, doors have been opened for women to become astronauts, aerospace engineers, astronomers, heads of companies, geologists, business owners, even the Secretary of the US Air Force.

Jane M. Klausman Women in Business Scholarships are helping women pursuing undergraduate degrees in business management to overcome gender barriers, from the classroom to the boardroom. The Scholarships are available to women in our area.

In addition our club offers a local scholarship:

Arlington Area Club Scholarship was established in 1975 at the Northern Virginia Community College. This scholarship program continues today through scholarships in Nursing at the graduate level at local colleges, including Marymount University.



The beauty of a single yellow rose has been a favorite Zonta symbol for decades. Since 1999, it has served as the symbol of Zonta Rose Day, which falls on 8 March and coincides with International Women's Day.

For further information contact
Membership Chair
membership@zontaarlingtonarea.org
www.zontaarlingtonarea.org

Zonta Club of Arlington Area
P.O. Box 6825
Arlington, VA 22206



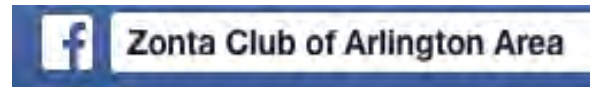
Anne Oller

Originally from Pennsylvania, Ohio State University graduate, I made my way to Virginia, married and had 2 children. In 1984, I was joined the real estate industry as a Realtor. Advance to 2014, I am proud of my 8 Grandchildren and of my 33 years of experience as an Associate Broker with Long & Foster Realtors. I am also a licensed real estate instructor. My life is great!

NOTE: All New Members are encouraged to write a brief description about themselves so current members get to know you better. For that matter current members who have a brief note about their activities are welcome to submit as well.

Send your submission to the Newsletter Editor, Marty Ditmeyer at

MSDitmeyer@gmail.com



Facebook Page assistance: The Zonta Club of Arlington Area has a Facebook page which I administer. I can add a person who could also post items on the page. Often times those items come from our service projects or activities at the local, district or international level. This is not a time consuming task but I would appreciate help so that there is more activity on the page. Email me if you might be interested.

MSDitmeyer@gmail.com

AREA 4 DIRECTOR—Kim Rosenfield of Charles County

Donna Clark announced that our new Area 4 Director is Kim Rosenfield. Kim is a member of the Charles County Club and has been a Zontian since 2007. She will lead you for the next two years. Please welcome her by attending the next Area 4 Leadership Training which is scheduled for June 9. Meeting details will be sent out by Kim.

LAST CALL—DUES—Message from our Treasurer!

Hi everyone,

It's that time of year. Your Zonta dues for the 2014-2015 year are due by May 31, 2014.

Dues are \$110.00 per year: \$80 to ZI, \$13 to District 3, \$3 ZI insurance, and \$14 to the Arlington Area Club.

I will be accepting dues at all upcoming club meetings and events. You can also mail your check to me at: 6006 Schoolhouse Woods Road, Burke, VA 22015.

Best regards,

Margo Sheridan

Zonta International, District 3 Governor-elect
6006 Schoolhouse Woods Rd
Burke, VA 22105



Zonta Club of
Arlington Area
Member of Zonta International

**ZONTA CLUB OF ARLINGTON AREA
2013-2014 CALENDAR**

May 2014			
May 14	Board of Directors	Virtual	
May 18	Girls on the Run	5K in in the Ballston area	http://www.gotrnova.org/get-involved/volunteer
May 21 (NOTE: Change of DATE)	Business Meeting: 6:30 Reservation: disalvoje@gmail.com	Kora Restaurant 2250-B Crystal Dr. www.korarestaurant.com	Follow-up after Wine Event Celebration/Scholarship Installation of new BOD 60th Anniversary for the Club
May 29	AFAC Spring Carnival THURSDAY, 6:30 – 9:30 PM AT THE ARTISPHERE	AT THE ARTISPHERE	Fund raiser for AFAC
June 2014			
June 9 ???	Area 4 Leadership Training		
June 14	Summer Retreat/ Strategic Planning Meeting 9 am- 3 pm Nancy Ramsay's Home	43716 Vineyard Terrace Ashburn, VA 20147 (H) 703-723-4849 (C) 703-304-2516	Let Nancy know if you will be attending nramsay2@gmail.com
Jun 27-Jul 1	62nd International Convention Orlando, FL http://orlando2014.zonta.org	World Center Marriott http://orlando2014.zonta.org/Registration/OrlandoWorldCenterMarriott.aspx	Make reservations early!

HAPPY BIRTHDAY



ZONTA CLUB OF ARLINGTON AREA
MAY 27, 1954-MAY 27, 2014



Zonta Club of Arlington Area
Member of Zonta International
Advancing the Status of Women Worldwide

Zonta Club of Arlington Area Information



The Zonta Club of Arlington has a facebook page. Check it out. If anyone wants to help administer the page, please let me know. Thanks, Marty.

Zonta Club of Arlington Area--Officers and Directors

President	Alina Doreste-Johnson	President@zontaarlingtonarea.org
Vice President	Nancy Ramsay	Vicepresident@zontaarlingtonarea.org
Treasurer	Margo Sheridan	Treasurer@zontaarlingtonarea.org
Secretary	Virginia Nickick	Secretary@zontaarlingtonarea.org
Membership	Virginia McGee	Membership@zontaarlingtonarea.org
Director	Anne McGee	Director1@zontaarlingtonarea.org
Director	Janie DiSalvo	Director2@zontaarlingtonarea.org
Director	Marty Dltmeyer	Director3@zontaarlingtonarea.org
Newsletter	Marty Ditmeyer	info@zontaarlingtonarea.org

Zonta Club of Arlington Area
P.O. Box 6825
Arlington, VA 22206

HAPPY BIRTHDAY

Linda Sudi May 1
Arlington Area Club May 27 (60th)

Zonta Club of Arlington Area
www.zontaarlingtonarea.org
www.facebook.com/ZontaClubArlingtonArea

Zonta District 3
www.zontadistrictthree.org

Remember to Check the Facebook Page (Zonta Club of Arlington Area) for current information. Also for the Calendar and Membership Brochure use the Club Dropbox.

Zonta International
www.zonta.org
www.facebook.com/ZontaInternational